

**The Ohio State University**  
**College of Education and Human Ecology**  
**Human Nutrition (HUMNNTR-MN)**

College of Education and Human Ecology  
EHE Office of Undergraduate Education  
A100 PAES Building, 305 Annie & John Glenn Ave.  
Columbus, OH 43210  
614-292-9261 <http://ehe.osu.edu/>

Completion of the undergraduate Human Nutrition minor could benefit students interested in pursuing careers in food, fitness, hospitality, business, education, nursing, and other health-related professions.

The minor in Human Nutrition consists of a minimum of 15 credit hours and is designed to provide the student with an introduction to the area of human nutrition. The minor is composed of the following courses:

**Required Courses (7-8 credits):**

- **HUMNNTR 2410** Science of Human Nutrition (4) **OR**
- **HUMNNTR 2310** Fundamentals of Nutrition (3) **OR**
- **HUMNNTR 2210** Science of Human Nutrition (3) (Prereq: BIOLOGY 1113 or 1101 and CHEM 1210 or 1610 or 1910H and CHEM 1220 or 1620 or 1920H or 1250)
- **HUMNNTR 3506** Nutrition across the Life Span (3) (Prereq: 2210 or 2310)
- **HUMNNTR 2295** Careers in Nutrition (1)

**Elective Courses (Choose 7-8 credits) at least 3 credits must be 3000-level or higher:**

- **HUMNNTR 2314** Fundamentals of Food (3) (Prereq: 2210 or 2310 and Human Nutrition major or minor)
- **HUMNNTR 2450** Foodservice Sanitation and Safety (1)
- **HUMNNTR 3704** Public Health Nutrition (2) (Prereq: 2210 or 2310)
- **HUMNNTR 3313** Food in Different Cultures (2) (Prereq: 2210 or 2310)
- **HUMNNTR 3415** Global Nutrition Issues (2) (Prereq: 2210 or 2310)
- **HUMNNTR 3780H** Research Methods in Nutrition (1)
- **HUMNNTR 3998** Undergraduate Research in Human Nutrition (repeatable) (1-2)
- **HUMNNTR 4504** Nutrition Education and Behavior Change (3) (Prereq: 2210 or 2310)
- **HUMNNTR 4609** Macronutrient Metabolism (3) (Prereq: C- or above in 2310; and BIOCHEM 2210 and CHEM 2310, or BIOCHEM 4511, or MOLBIOC 3311 and 3312; and EEOB 2520 or PHYSIO 3200)
- **HUMNNTR 4610** Micronutrient & Phytochemical Metabolism (3) (Prereq: 4609 and C- or higher in 2310 and Human Nutrition major)
- **HUMNNTR 5100** Integrating Nutrition into the Contemporary Marketplace (3) (Prereq: 2210 or 2310 or 2410 and 2295)
- **HUMNNTR 5705** Nutrition and Physical Performance (2) (Prereq: 4609)

**Human Nutrition minor program guidelines**

Credit hours required

A minimum of 15 credit hrs. 1000 level courses shall not be counted in the minor. At least 6 credit hrs must be upper-level courses as defined by the College of Education and Human Ecology (3000 level or higher).

Transfer and EM credit hours allowed

A student is permitted to count up to 6 total hours of transfer credit and/or credit by examination.

Overlap with the GE A student is permitted to overlap up to 6 credit hours between the GE and the minor.

Overlap with the major and additional minor(s)

- The minor must be in a different subject than the major.
- The minor must contain a minimum of 12 hours distinct from the major and/or additional minor(s).

Grades required

- Minimum C- for a course to be listed on the minor.
- Minimum 2.00 cumulative GPA for all minor course work
- Course work graded Pass/Non-Pass cannot count on the minor.
- No more than 3 credit hours of course work graded Satisfactory/Unsatisfactory may count toward the minor

X193 credits No more than 3 credit hours

Minor approval

Minor program approval is not required as long as there is no variation from the minor program sheet. Any variation from the minor as indicated must be approved by an EHE advisor located in A100 PAES Building (614-292-9261). A student's primary advisor can add the minor by using the program code at the top of this program sheet.

Filing the minor program form

The minor program form must be filed with the student's college/school at least by the time the graduation application is submitted to a college/school advisor.

Changing the minor

Once the minor program form is filed in the college office, any changes must be approved by the academic unit offering the minor.

College of Arts and Sciences Curriculum and Assessment Services  
306 Dulles Hall, 230 Annie and John Glenn Ave  
<http://artsandsciences.osu.edu>  
CAA Updated 3-1-17 DH  
Updated 3-25-2019 DB  
Updated 4-1-19 DH  
Updated 8-29-19 DH  
Updated 6-9-21 DH  
CAA Revised 05-18-2023 RLS  
Updated 06-27-2023 RLS  
Updated 11-03-2023 RLS