

The Ohio State University
College of Education and Human Ecology
Department of Human Sciences
Couple and Family Therapy Minor (CPFMTHR-MN)

College of Education and Human Ecology
Department of Human Sciences
EHE Office of Undergraduate Education
A100 PAES Building, 305 Annie and John Glenn Ave.
614-292-9261 <http://ehe.osu.edu/>
For academic advising inquiries, please email EHE-OUE@osu.edu

The minor in Couple and Family Therapy provides a foundation in couple and family therapy theory and foundational helping skills designed to expose students to the CFT field. It has an applied focus on couples and families and foundational skills and techniques of practice that students can choose to pursue in graduate school. This minor will help to prepare students for further graduate study in the fields of couple and family therapy, social work, counseling, and broadly interpersonally focused counseling and/or therapy.

Required Prerequisite – (1 courses; 3 CH)

HDFS 2200 Family Development

Required Courses – (3 courses; 9 CH)

HDFS 2210: Helping Skills in Context

HDFS 4370: Families and Stress

HDFS 5200: Foundations of Couple and Family Therapy

Elective Courses – (1 course; 3 CH)

Choose one course from the list below:

HDFS 2367: American Family Issues

HDFS 2400: Life Span Human Development

HDFS 3200: Foundations of Family Science

HDFS 3440: Human Sexuality and Intersectionality
Across the Lifespan

HDFS 5340: Intimate Relationships

HDFS 5350: Families with Adolescents

Couple and Family Therapy Minor Program Guidelines

Credit hours required: A minimum of 12 credit hrs. 1000 level courses shall not be counted in the minor. At least 6 credit hrs must be upper-level courses as defined by the College of Education and Human Ecology (3000 level or higher).

Transfer and EM credit hours allowed: A student is permitted to count up to 6 total hours of transfer credit and/or credit by examination.

Overlap with the GE: A student is permitted to overlap up to 6 credit hours between the GE and the minor.

Overlap with the major and additional minor(s)

- The minor must be in a different subject than the major.
- The minor must contain a minimum of 12 hours distinct from the major and/or additional minor(s).

Grades required

- Minimum C- for a course to be listed on the minor.
- Minimum 2.00 cumulative GPA for all minor course work
- Course work graded Pass/Non-Pass cannot count on the minor.
- No more than 3 credit hours of course work graded Satisfactory/Unsatisfactory may count toward the minor

X193 credits No more than 3 credit hours

Declaring the minor

Students should see their assigned academic advisor to declare the minor prior to the filing of the graduation application. Students do not need the approval of the College of Education and Human Ecology to declare the minor.

Approval of Coursework

Initial approval of the minor coursework:

Students who complete the minor following the guidelines on this sheet need only verify with their academic advisor that the minor appears complete on the degree auditing system. No approval from the College of Education and Human Ecology is required.

Approval for courses not listed on this form to apply to the minor program:

Students must obtain the approval of the College of Education and Human Ecology to apply courses not listed on this form toward the Couple and Family Therapy minor. Please call 614-292-9261 to schedule an appointment to request approval.

College of Arts and Sciences Curriculum and Assessment Services
306 Dulles Hall, 230 Annie & John Glenn Ave
<http://artsandsciences.osu.edu>

Approved CAA 04-02-2025 RLS